

# Jesus Mary Joseph Sr. Sec. School

## Syllabus 2022-23(Nursery class)

### April to July (cycle -1)

English: Alpha Fun –English Skill Book

Dot and Dash--Practice book

The Joy of Cursive writing – Practice book

- Patterns- sleeping line, standingline, slantingline,curves
- Capital Alphabets: A, E, F, H, I, K, L, N, O, T, U, V, X

EnglishRhymes: Zoom Rhymes

Pg No :7, 8 and 15

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Hindi : PitaraLevel 1

असेअ: तक(Oral)

Hindi Rhymes: गुनगुनबालकविताएँऔरकहानियाँ

Pg No: 5 , 6 , 7 , 8 , 9 , 10 and 16

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Maths : Zoom Numeracy

- Numbers – 1 to 10
  - Count & Write
  - Missing numbers (1-10)
  - Pre-Number Concept – Big / Small
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E.V.S (Oral) : Zoom General Awareness

Pgno : 7 to 24

G.K :

Q1. What is your name?

A1. My name is \_\_\_\_\_.

Q2. What is your school name?

A2. My school name is Jesus Mary Joseph School.

Q3. What is the name of your Principal?

A3. Our Principal name is Sr. Divya Thomas.

Q4. In which class do you study?

A4. I study in Nursery Class.

Q5. What is your Class Teacher's name?

A5. My Class Teacher's name is \_\_\_\_\_.

Q6. Where is your school situated?

A6. My school is situated in Paschim Vihar.

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Art & Craft Book: Junior Artist A

Pgno : 3-10

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Drawing /Colouring: Circle (Red), Triangle (yellow),  
Square (Blue).

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Origami: Square, Triangle and Rectangle

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English Story: The Hunter and the Pigeons

One day a hunter sets a net to catch birds and placed grains over the net. After a while few pigeons came and started eating grains and they got caught in the net.

After some time, they started losing their hope. Then their leader told them- “lets fly together up in the sky”. They did the same and carried the net away. The hunter runs after them but they flew away. They met their friend mouse. The mouse freed the pigeons by cutting the net.

**Moral:** Unity is strength.

## **AUGUST to SEPTEMBER (Cycle - II)**

English: Alpha Fun –English Skill Book  
Dot and Dash–Practice book  
The Joy of Cursive writing – Practice book

Capital Alphabets – B, C, D, G, J, M, P, Q, R, S, W, Y, Z.

English Rhymes: Zoom Rhymes

Pg no :9, 10 and 11  
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Hindi : Pitara Level 1

स्वरअसेअ: तक (Written).

Hindi Rhymes : गुनगुनबालकविताएँऔरकहानियाँ  
Pg no : 18, 19 , 20, 21, 22 ,23 and 24  
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Maths : Zoom Numeracy

- Numbers 11-20
- Count & Write
- What comes after (1-20)
- Pre-Numbers concept – Long/ Short

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E.V.S (Oral) : Zoom General Awareness

Pg no : 26 to 44

G.K :

Q1. What is the colour of milk?

A1. Milk is white in colour.

Q2. What is the colour of a carrot?

A2. A carrot is orange/ red in colour.

Q3. Who is the king of the jungle?

A3. Lion is the king of the jungle.

Q4. Which animals give us milk?

A4. Cow, goat and buffalo gives us milk.

Q5. How many colours are there in our national flag. Name them?

A5. There are three colours in our national flag. Saffron, white and green.

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Art & Craft Book :Junior Artist A

Pgno : 11-20

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Drawing /Colouring : Star (Light Blue) Rectangle (Dark Green)  
Oval (Orange).

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Origami : Tree.

Hindi Story : प्यासाकौआ

एक कौआ प्यासा था | वह पानी की तलाश में इधर उधर घूम रहा था | उसे कहीं पर भी पानी नहीं मिला | फिर उसे एक घड़ा दिखाई दिया, पर उसमें पानी बहुत थोड़ा था | कौए ने एक उपाय सोचा | उसने इधर उधर से पत्थर ढूंढे और घड़े में डाल दिए | पानी ऊपर आ गया और कौए ने अपनी समझदारी से अपनी प्यास बुझाई |

**सीख – हमें अपनी सूझ- बूझ से काम लेना चाहिए |**

**OCTOBER to NOVEMBER (CYCLE - III)**

English : Alpha Fun –English Skill Book  
Dot and Dash –Practice book

• Cursive alphabets – *a,b,c,d,e,f,g,h,i,j,k,l,m*.

English Rhymes: Zoom Rhymes

Pg no : 12 , 13 and 14

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Hindi : Pitara Level 1

व्यंजनकसेजतक (written)

Hindi Rhymes : गुनगुनबालकविताएँऔरकहानियाँ

Pgno : 25 , 27 , 28 , 29, 30 and 31

Maths : Zoom Numeracy

- Numbers 21 to 40
- What comes after 1-40
- Missing numbers 1-40
- Number names 1-5 (Oral)
- Pre-number concept – Near/Far.

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E.V.S (Oral) : Zoom General Awareness

Pgno : 45 to 70

G.K :

Q1. How many days do we have in a week?

A1. There are seven days in a week.

Q2. How many colours are there in the rainbow?

A2. There are seven colours in the rainbow.

Q3. Name 5 sense organs?

A3. Eyes, nose, ears, tongue and skin.

Q4. Which is the festival of colours?

A4. Holi is the festival of colours.

Q5. Which is the festival of lights?

A5. Diwali is the festival of lights.

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Art & Craft Book :Junior Artist A

Pgno : 21-30

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Drawing/Colouring : Heart (Pink) , semi-circle (Dark Blue)  
Cylindrical (Brown).

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Origami : Fish

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English Story : **“The Fox & The Crow”**

Once upon a time there was a crow. He saw a piece of cheese. A hungry fox came there. He wanted to eat that. He praised the voice of crow. The crow started singing and piece of cheese fell down. The Fox picked it up and ran away.

Moral : Beware of the Flatterers .

**DECEMBER to FEBRUARY (Final Cycle)**

English : Alpha Fun –English Skill Book  
Dot and Dash–Practice book

Cursive alphabets – *n,o,p,q,r,s,t,u,v,w,x,y,z*.

- Two letter words – at,an,am,en,is,on,in.
- Three letter words-(cat,dog,pen,hat,rat,sun).

English Rhymes: Zoom Rhymes

Pg no : 16, 18 and 20

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Hindi : Pitara Level 1

व्यंजनटसेनतक(written)

Hindi Rhymes :गुनगुनबालकविताएँऔरकहानियाँ  
Pgno : 33, 34, 35,38 and 40

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Maths : Zoom Numeracy

- Numbers (41-50)
  - Missing Numbers (1-50)
  - What comes after (1-50)
  - What comes between (1-50)
  - Number names 6-10 (oral)
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E.V.S (Oral) : Zoom General Awareness

PgNo : 72 to 97

G.K :

Q1. Which is our National Bird?

A1. Peacock is our National Bird.

Q2. Which is our National Animal?

A2. Tiger is our National Animal.

Q3. Which is our National Flower?

A3. Lotus is our National Flower.

Q4. Which is our National Fruit?

A4. Mango is our National Fruit.

Q5. What do you do with your eyes?

A5. We see with our eyes.



Q6. What do you do with your ears?

A6. I hear with my ears.

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Art & Craft Book :Junior Artist A

Pgno : 31-40

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Drawing/Colouring : Crescent (Light green) cone (orange)  
&Scenery .

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Origami : Dog Face.

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Hindi story : लालची कुत्ता

एक कुत्ता बहुत भूखा था | तभी उसे एक रोटी दिखी | उस रोटी को वह अपने मुँह में दबाकर नदी की ओर चल पड़ा | नदी के ऊपर एक छोटा सा पुल था | जब कुत्ता नदी पार कर रहा था तो उसे पानी में अपनी परछाई दिखाई दी | उसने अपनी परछाई को दूसरा कुत्ता समझा और उसकी रोटी खानी चाही | दूसरी रोटी खाने के लालच में उसकी खुद की रोटी भी नदी में गिर गयी | लालची कुत्ता भूखा ही रह गया |

सीख – हमें लालच नहीं करना चाहिए |

## ACTIVITY SYLLABUS

MONTH	YOGA	TAEKWONDO	AEROBICS
APRIL    MAY	1) MEDITATION 2) TAADASANA 3) VRIKSHA AASANA 4) HASTOTAN AASANA 5) TRIKONA AASANA	HOW TO DO BOW? SINGLE PUNCHES DOUBLE PUNCHES	1) BASIC AEROBICS STEPS
JULY  AUGUST  SEPTEMBER	1) MEDITATION 2) USTRAA AASANA  3) VAJRAA AASANA 4) PADAM AASANA  5) BADPADM AASANA	1) TRIPPLE PUNCHES  2) FRONT RISING KICKS  3) SIDE RISING KICKS	1) FLOOR AEROBICS  2) BASIC ZUMBA STEPS
OCTOBER  NOVEMBER  DECEMBER	1) HALAA AASANA 2) PASHCHIMOTANA AASANA  3) MAKE- T  4) PLANK 5) DHANURA AASANA	1) FRONT PUSH KICKS  2) SIDE PUSH KICKS	1) FUN AEROBICS