



JESUS MARY JOSEPH SR. SEC. SCHOOL



**Justice , Peace
and
Integrity of Creation**

ARTISTIC YOGA



In order to teach our students with extremely powerful system of yoga that works in all the aspects of fitness, a virtual 'Artistic Yoga' was organized on May 7, 2022 for the students of classes I & II. Our young learners exhibited different yoga postures combining various asanas, pranayama and several meditative techniques. The students enjoyed doing the act and yet learnt different styles involved in the formation of artistic postures benefitting them in enduring flexibility, strength and good moral health.



SPIRITED HARMONY



We at JMJ believe that music is one of the most beloved human experience and plays an important role in the education of a child by providing them an opportunity of self-expression. Considering this, an inter class solo song competition, 'Spirited Harmony' was organized on 9 September 2022 for classes III-V. Each student showcased their mastery over voice modulation, rhythm and other aspects of singing. It was fascinating to witness the primary students putting up a magnificent performance with their outstanding choice of song. The winners were awarded with certificates for their well observed recitals.





EARTH MY PRIORITY

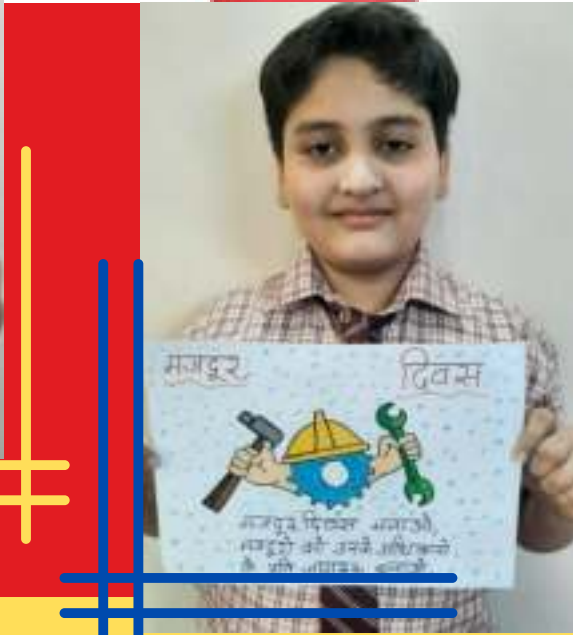


A 'Collage Making Activity' was organized on 25th April 2022 for classes IV and V on the theme- Earth My Priority. The aim of the activity was to introduce the concept of recycling amongst our students. The students depicted their ideas and creativity about the environment in the form of collage using different materials and sticking them together.

This activity not only enhanced their knowledge about measures to save mother earth but was also a great experience for increasing their motor skills. It was indeed a good opportunity to watch the young minds creating a colourful collage on Earth Day for a better environment.



HATS OFF LABOURS



संकट में व्यक्ति का परिश्रम ही सच्चा दोस्त है
श्रम किने वाला प्रत्येक व्यक्ति मजदूर ही है ।

In our endeavor to pay respect and recognize the strenuous efforts of the working class, a virtual 'Hats off Labours' Activity was organized on 6 May 2022 for the students of classes VI - VIII. Our students prepared beautiful handmade cards and wrote a slogan on it. It was a way to teach the young generation to have a feeling of gratitude and respect towards our helpers who work tirelessly to make our lives comfortable. On the whole, it was a rich learning experience for each of them helping them to having a feeling of thankfulness towards everyone in the society



PLANTATION DRIVE

The Eco warriors of Eco club of JMJ School, Paschim vihar celebrated 'Van mahotsav week' in the school premises by planting saplings with full enthusiasm. They were all set to start a journey towards safe guarding our environment making it worth living. They disseminated information about importance of environment and need for preserving trees as one of the best ways to prevent global warming and reduce pollution. The school has always strived to nurture environmentally conscious and making responsible students. Eco club every now and then takes pride in holding various activities to spread message and instill the urgency of action to sustain trees for a sustainable life of humans on this earth.





‘If the tree doesn't hug you back, it's not a problem with the tree, It's a problem with your heart’

A Tree Hugging Activity was conducted on 16 September, 2022 for the classes VI – VIII in order to encourage our students to go out and tap into benefits that trees have for our mind and body. JM Jites actively participated in various events such as poster making, cut outs, clicked photographs while hugging a tree etc.

The activity was all about sharing love for nature with kindred spirits and to draw our students’ attention to the fact that trees and forests can really bring well-being to our life.



TISSUE PAPER ART

A 'Tissue Paper Activity' was held on May 17, 2022 for classes Nursery and Prep to encourage the development of our students' attention span, hand-eye coordination and fine motor skills. The kids were astonished to see the beautiful blending of brightly coloured tissue paper, resulting in priding themselves on their independence as they successfully created miniature masterpieces all by themselves! This included flowers like daisies, marigold, roses, butterflies, birds, snowmen and animals such as rabbits etc.



MYSTIC HEALERS



With the aim to help our students understand better about the importance of medicinal plants, an activity, 'Mystic Healers' was organized on 14 September 2022 for classes III-V. The activity encouraged our students to enhance their knowledge about different types of medicinal plants found in various habitats. Exploring plant-based medicines and their uses was indeed an attempt to document ethno-botanical information of medicinal plants using quantitative approach

GRATITUDE FLOWERS

“Flowers are one of the many mesmerising gifts the nature provides us with.:

To bring cheers on the innocent faces of our tiny tots of classes I & II, an activity ‘Gratitude Flower Activity’ was conducted on 1 September 2022 on the special occasion of Teachers Day. The students prepared beautiful and artistic cards for their teachers with beautiful floral design on it. All the participating students were excited to prepare various new designs of flower with different craft materials available by them. There was an overwhelming response which encouraged them to come out with stupendous creative ideas. The amount of effort and the presence of mind the students showcased during this activity was indeed impressive and hence resulted in an array of exciting pieces of craft . All in all, it was an enjoyable and memorable day for each and every child which left an indubitable mark on the innocent hearts.





HERITAGE WALK



To celebrate the remarkable heritage of India and to bridge the gap between the past and the present, history students of Jesus Mary Joseph participated in a heritage-walk conducted by Maria Asif to Red Fort on 17th September 2022.

We reached the venue at 9.30 am. The walk started with an introduction of the history of Old Delhi as well as an overview of its historical significance to set the tone for the day. While everyone entered, students were reminded of factual information about the red fort like it is located in the heart of Delhi, Mughal Emperor Shah Jahan got it constructed in 1639, etc. Red Fort was the main home of the emperors of the Mughal dynasty for 200 years until the end of their rule.

Students enjoyed the Mughal style of architecture with the fusion of Persian and Hindu traditions. The chief chambers of the fort were Diwan-e-aam and Diwan-e-khaas. The other places were also cherished such as Rang Mahal, museums, etc. Students read the facts written around different chambers, mahals and museums of Delhi Fort with keen interest. The visit enhanced their knowledge about this great historical place and our rich culture and tradition.

Thank
you

