

JESUS MARY JOSEPH SR.SEC.SCHOOL

G - 17, Site-10, PASCHIM VIHAR, NEW DELHI – 110063

Circular No. JMIS/046/2019-20

05.03.2020

Dear Parents

Kindly note some important points related to awareness and preventive measures for Coronavirus (nCoV 2019):

General Symptoms: * Coughing and running nose *Fever *Sore throat *Shortness of breath

Exceptional symptoms: Vomiting, diarrhea **Advanced symptoms:** Severe pneumonia, Renal failure

How does its spread?

- Direct contact with infected patients
- Droplets during patients coughing or sneezing
- Close contact with a patient's articles and then directly touching nose, eyes or mouth.

Things to do:

- ❖ If you or someone you know has visited China or countries where the outbreak has occurred and you have the symptoms, please contact nearest health facility.
- ❖ Wash hands with soap & water frequently
- ❖ When coughing & sneezing cover mouth & nose with handkerchief, tissue or elbow.
- ❖ Avoid close contact with anyone with cold, cough or flu like symptoms
- ❖ If you have cough, fever or difficulty in breathing, contact a doctor immediately.
- ❖ Avoid visiting crowded public places.
- ❖ Avoid travel if you are suffering from fever & cold
- ❖ Carry sanitizers.
- ❖ Use mask.
- ❖ Share your travel history with your health (ASHA / ANM)
- ❖ Be an agent of change for your family, community & beyond.

Note: The school premises are being continually sanitized and disinfected. Children are being encouraged to wash their hands at regular intervals. You are welcome to send a hand sanitizer with your ward. We will be following the directives from the Health Ministry. Till now no case has been reported in the vicinity and all precautions are being taken.


PRINCIPAL

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